



PATHWAY	APPRENTICESHIPS		COLLEGE		UNIVERSITY		WORKPLACE	
CAREER OPTIONS (There are many more!)	Child Development Practitioner (formally known as Early Childhood Educator), Educational Assistant, Child and Youth Worker, Hairstylist**, Aesthetician		Paramedic, Massage Therapist, Dietary Technician, Veterinary Assistant, Recreation & Leisure Leadership, Physical/Occupational Therapy Assistant, Denturist, Medical Office Administrator		Medical Doctor, Registered Nurse, Dietitian, Sports Medicine, Kinesiology, Physiotherapist, Athletic/Occupational Therapist, Psychology, Midwifery, Nutritionist/Dietician		Personal Support Worker, Dietary Aide, Hospital Support Worker, Recreation Program Leader, Medi-Spa staff, Certified Personal Trainer, Acupuncturist, Clinical Aide	
GRADE	11	12	11	12	11	12	11	12
MAJOR COURSES Choose 4 Majors (minimum one from each grade. May also include 3 rd co-op credit) Consider Dual Credits too: SHSM ELIGIBLE DUAL CREDIT COURSES YRDSB Dual Credit Site	GPP30 HPW3C HSP3C HPC30 PPL30 PAF30 PPZ3C TFC3E TFJ3C TXJ3E1 TXJ3E2 TPJ3C SBI3C SVN3E	HFA4C HHS4C HIP4O PAF4O PPL4O PLF4M TFC4E TFJ4C TXJ4E1 TXJ4E2 SPH4C TPJ4C TPJ4E *check dual credit list*	ATC3M ATP3M HPW3C HSP3C HZB3M PPZ3C SBI3C TFJ3C TPJ3C TPJ3M	ATC4M ATP4M HFA4C HHG4M HHS4C HSE4M NDW4M PLF4M SCH4C SPH4C TFJ4C TPJ4C TPJ4M *check dual credit list*	ATC3M HFC3M HSP3U HZB3M SBI3U SCH3U SPH3U TPJ3M	ATC4M HFA4U HHG4M HHS4U HHS4U HSE4M HZE4U NDW4M PLF4M PSK4U SBI4U SCH4U TPJ4M	GPP30 HFC3E HPC30 PPL30 PAF30 PPZ3C SVNE TFC3E TFJ3E TXJ3E1 TXJ3E2	HFL4E HIP4O PAF4O PPL4O TFC4E TFJ4E TXJ4E1 TXJ4E2 TPJ4E
ENGLISH One required with optional CLA	NBE3C NBE3E	ENG4C ENG4E	NBE3E	ENG4C	NBE3U MCR3U	ENG4U OLC4O	NBE3E	ENG4E OLC4O
MATH One required with optional CLA	MBF3C MEL3E MCF3M	MAP4C MCT4C MEL4E	MBF3C MCF3M	MAP4C MCT4C	MCF3M MCR3U	MHF4U MDM4U MCV4	MEL3E	MEL4E
CO-OP** Summer coop also an option	2 (minimum)		2 (minimum)		2 (minimum)		2 (minimum)	
SCIENCE Or SOCIAL SCIENCE OR ONE EXTRA CO-OP One required with optional CLA	SBI3C HPC30 HPW3C HSP3C SVN3E	SPH4C SCH4C HIP4O GLE4O/GLS4O HFA4C HHS4C	BDI3C HFC3M HPW3C HPC30 HZB3M HRT3M HSG3M SBI3C	SCH4C SPH4C HFA4C HHG4M HHS4C HIP4O HSE4M ICS4C	SBI3U SCH3U SPH3U HSP3U HZB3M ICS3U	SPH4U SBI4U SCH4U SES4U HHG4M HHS4U HFA4U HZE4U HSE4M PSK4U ICS4U	SVN3E HPC30 HFC3E	HFL4E OLC4O MEL4E GLE4O/GLS4O HIP4O

***CLA: Contextualized Learning Activity** – SHSM students, with the support of the subject teachers, will prepare assignments (6-8 hours worth of work) that meets curriculum expectations with a Health and Wellness focus ** **Consider Accelerated OYAP an option. Earn your Level 1 during your last semester of High School. Counts for Major and Co-op ***Hairstylists – See a Hairstylists teacher to find out how you can be exempted from Level 1 and 2 exams and from part of the “in school” training at Burnhamthorpe *** Where C/M Major courses are not offered, students should take E or M courses. Eg. If you want to take TFJ3E and you’re a C student, it will still count as a major credit.**

- Sector Partner Experience** – Work with an Industry/Sector Partner, using the same skills and tasks used in real work situations. SPE includes one of the following options: Innovation Creativity and Entrepreneurship (ICE) training (solving a real challenge they’re trying to address) , sector-delivered contextualized coding and sector-delivered mathematical literacy. You will be notified via the SHSM website,GAPPS email or REMIND of upcoming events. Be sure to get your paperwork in!
- Reach Ahead Experience**—opportunity to explore /take the next steps along your chosen pathway. Helps you make informed choices about future career goals. Examples include visiting an approved apprenticeship/college/university delivery agent to investigate a program, interviewing a college student in a Health and Wellness related program, interviewing an employee in the health and wellness field, Dual Credits or Accelerated OYAP, attending a health related conference or workshop, attending a college or university class . Document under Journal in your IPP My Pathways Planner.
- Experiential Learning and/ or Career Exploration--** Planned learning **experiences** that take place outside the traditional classroom. For example, one on one observation of a co-op student, day long job shadow of an employee in the healthcare sector, One or two week work experience with a member in industry (outside of your coop or within the same company but a different position), volunteering in a long term care facility, attending a career talk by someone in your sector, coaching an elementary school student in a ready buddy program or helping in other curricular/extracurricular activities, assisting in an exercise class, attending a career fair/conference with a focus on health and wellness, participating in Skills Competition. Document in your Pathway Planner.

Certifications:

FOUR (4) Compulsory			
CPR level C with AED	WHMIS	Infection Control	Standard First Aid
THREE (3) Electives from the list below			
advanced training in a technique (e.g., feeding, assistance, airway management, IV insertion)	allergy awareness	ambulation, lifting, and transfers	animal first aid
babysitting	behaviour management	child safety and injury prevention	communication skills
concussion awareness	conflict resolution	customer service	ethical considerations
fire safety and fire extinguisher use	fitness	Food Handler Certification	group dynamics
mental health awareness*	lab practices	leadership skills	marine and wilderness first aid
medical terminology	Mental Health First Aid	non-violent crisis intervention	personal training
personality inventory	portfolio development	project management	safe body mechanics
safe food handling – basic	sign language	specialized care (e.g., diabetes, dementia, nutrition)	sterile techniques
stress management techniques	spa service	waste management	wrapping and taping for performance and injury
advanced training in technology	anti-oppression and allyship training	approaches to healing	first aid / CPR/AED awareness
equity and inclusion	dietary considerations		

Certifications that are highlighted in yellow will be completed as part of COOP